Kitchen Tool Safety Tips

Toaster and electricity safety

- Never plug a toaster into a power outlet near water. Water and electricity do not mix! If a plugged-in toaster were to fall in water and someone touch it, they could receive an electric shock that could harm them.
- Avoid placing any metal objects in a toaster even if a slice of bread or waffle is stuck. A metal knife placed in a toaster could conduct electricity from the toaster and create an electric shock that could harm someone. If a slice of bread or waffle is stuck in the toaster, unplug the toaster, and ask an adult for assistance with removing the item from thetoaster.

Knife safety

Knives are very sharp and can cut us if we do not handle them carefully. If you need to carry a knife, be sure to do so with the tip of the knife pointed towards the floor.

- Wear closed toed shoes when handling knives in case one slips from your hand or falls from thecounter.
- Always cut away from your body, not towards yourself.

Hand Hygiene

Did you know that proper hand washing may prevent food poisoning and reduce the spread of the common cold and the flu?

- Dry hands with disposable paper towels, clean cloth towels or air dry.
- Sing two choruses of "Happy Birthday ' while you lather up, cleaning your hands for 20 seconds.
- Always wash both the front and back of your hands up to your wrists, and in between fingers and under fingernails.
- Never forget to wash your hands after switching tasks, such as handling raw meat and then cutting vegetables.
- Hands should be washed in warm, soapy water before preparing foods and after handling raw meat, poultry, and seafood.